



Tips for Parents from the School Health Office

Many parents ask, “When is my child sick enough to stay home from school?”

This is not always an easy question to answer! We hope that these tips can help!

A child who is sick will not be able to perform well in school and is likely to spread the illness to other children and staff. We suggest making a plan for childcare ahead of time so you will not be caught without a comforting place for your child to stay if he/she is ill.

Our school policy states that you should not send your child to school if he/she has:

Your child becomes ill at school and the teacher or school nurse feel the child is too sick to benefit from school or is contagious to other children.

You will be called to come and take him/her home from school.

It is essential that your child’s teacher and the office have a phone number where you can be contacted during the day and an emergency number in the event you cannot be reached.

Please be sure that arrangements can be made to transport your child home from school and that childcare is available in case of illness. If your daytime or emergency phone number changes during the year, please update your information in Aeries and notify your child’s teacher and the front office immediately.

Please call the school’s Health Office if you have any questions or concerns.

Your Health Services Team