



BONITA UNIFIED SCHOOL DISTRICT

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Dear Parent/Guardian/Caregiver:

The California Healthy Youth Act requires that comprehensive sexual health education and human immunodeficiency virus (HIV) prevention education be taught to students at least once in middle school and once in high school, beginning no later than grade seven.

Instruction and materials must be medically accurate, objective, age-appropriate and inclusive of all students, as defined by law. The law requires that instruction and materials must encourage students to communicate with parents, guardians or other trusted adults about human sexuality. The purpose of this instruction is to:

- Provide students with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.
- Provide students with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.
- Provide understanding of sexuality as a normal part of human development.
- Ensure students receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.
- Provide students with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors.

All instructional materials are available for review at your school's front office for three weeks prior to the start of instruction. For parents who are unable to view the materials during normal office hours, they will be available on XXXXXX from XXXXXX. You may also request a copy of the California Healthy Youth Act (California Education Code sections 51930–51939) by contacting your school site.

This instruction will be provided by XXth grade XXXX teachers beginning on XXXXXX.

State law allows you to remove your student from sexual health/ HIV prevention education.

- Please be aware that schools are not allowed to permit parents/guardians to opt their student out of ONLY those lessons that are focused on lesbian, gay, bisexual, transgender, and questioning (or queer) (LGBTQ) content such as gender identity, gender expression, and sexual orientation.

If you do not want your student to participate in comprehensive sexual health / HIV prevention education, please provide a signed, written note to XXXXXX by XXXXXX.

Sincerely,

Matthew Wien
Interim Superintendent